

Type 1 diabetes



- Type 1 diabetes can happen to any one
- Children with type 1 diabetes always require insulin
- Type 1 diabetes requires constant management 24 x 7 x 365
- Love, encouragement and education are soul of diabetes management
- When properly managed children with type 1 diabetes can live healthy and long lives.



- Type 1 diabetes is same as type 2 diabetes.
- Stop taking insulin and monitoring blood sugar levels in any circumstances
- Focus or emphasis only on a single aspect of diabetes management, either on diet, exercise, insulin or monitoring.
- Make a healthy life style plan only for the child with diabetes and exclude all others in the family and friends.
- Put a BIG NO for fun activities in the life of a child with type 1 diabetes.

Pancreas



Islet Cell
are not able
to produce
insulin



Type 1 diabetes

Key facts

There is nothing which the mother or father could have done to prevent type 1 diabetes in the child

If your child is suddenly:



urinating more



wetting the
bed or crib



often thirsty



feeling tired



losing weight

See your doctor it could be a sign¹ of type 1 diabetes

We know, you are looking for cure, Lots of research is going on and we have a hope in near future, but till then it is good to stick to the treatment plan

1. <http://www.idf.org/lifeforachild/education-resources/dka-awareness> - Accessed on 13 oct 16